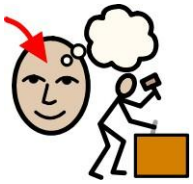
SEND AND YOU
SENDIAS
FOR YOUNG PEOPLE

SAY 0-25's Easy Read

This information is for children and young people under 25 years old

…who need extra help with learning at school or college.



Or in an apprenticeship or supported internship.

You may also need help in learning to be more independent.

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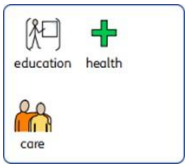
Your school, college or trainer should support you when you need them to.



Some people who need extra help may have an EHC (Education, Health and Care) Plan.

An EHC plan says:

- **What you want in the future**

- **What you find hard**
- **What support you need**

- **Where you can study.**

You get to share your views and feelings about what is written in your EHC plan.

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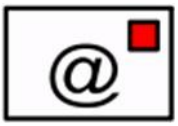
We can help you find the right support for you and make sure your views are heard.

If you have any questions please contact us:



support@sendandyou.org.uk

0117 992 6009

https://www.sendandyou.org.uk/contact-us/

If you want a parent or carer to contact us please fill out a consent form from our website.*

***Or ask your parent/carer to help you fill out a consent form.**

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