



SEND AND YOU
SENDIAS
FOR YOUNG PEOPLE

SAY 0-25 Toolkit

Part 1 - Annual Transition Reviews

This information is for young people with special educational needs who have an Education, Health and Care plan (EHC). It is about moving on from school into college, training, employment, or social care.

If you have any concerns after reading this leaflet, we are here to help. Call or email us for free, confidential, impartial information, advice and support.

An easy read of this leaflet is available at www.sendandyou.org.uk

Transition for young people with an EHC plan

If you have an EHC plan or Statement of Special Educational Needs this must be reviewed each year to plan support for your future.

Planning for students with SEND (special educational needs and disability) to move on from school should start during reviews in year 9. In the SEND Code of Practice 2015 this is called *transition planning*.

What should I expect at a transition review meeting?

Schools and local authorities should ensure that children and young people have the support they need (for example, an advocate) to allow them to participate fully in planning for their future and making decisions.

You should be invited to your review meetings and supported to prepare beforehand.

You can *choose* how you present your views, for example what you like or dislike. You could use videos, PowerPoint presentations, WIKI etc.

If you need help having your say please contact us at support@sendandyou.org.uk

What should be discussed at a transition review?

Planning must be centred around you and your aspirations and abilities:

- What do you want to do when you leave post-16 education or training?
- What support will you need to achieve your ambitions?

Areas that might be discussed at a review meeting include:

- what your work and academic ambitions are
- what support you need to help you to be healthy
- what support you need to access your community independently
- What support you need to live and travel independently

At the end of the review the school or local authority should agree outcomes with you. An outcome is what you will have achieved in the future. Outcomes must be *SMART* (specific, measureable, achievable, realistic, timed). E.g. Kirsty will be able to travel to school independently using public transport by the beginning of year 11.

For more information see:

- www.sendandyou.org.uk Annual review toolkit and easy read available on our website.
- [PFA Outcomes Tool:](#)

When should health and social care be discussed?

Health and social care needs should always be discussed in annual reviews and any relevant professionals invited.

Health

Young people over the age of 15 may be moving into adult health services on their 16th or 18th birthday depending on the service. It is important to discuss how this is being planned and prepared for, ideally from around the age of 12-14 depending on circumstances. Ask your doctor for more information.

Further information may be available on the *local offer* section of your local authority's website, or on the website of your local CCG (clinical commissioning group). For example:

- [Bristol Local Offer](#)
- [North Somerset Local Offer](#)
- [South Glos Local Offer](#)

- [Bristol, North Somerset and South Glos CCG:](#)

Social Care

Even if you didn't have social care support as a child, *you may be eligible once you turn 18.*

The [SEND Code of Practice](#) 2015, 8.57 says:

Young people turning 18 may be eligible for adult care services, even if they don't have an EHC plan or weren't eligible for care under children's services. Under the Care Act 2015 the local authority **must** carry out an adult care transition assessment where there is significant benefit to the young person or their carer in doing so and they are likely to have needs for care or support after turning 18.

Contact your local authority to discuss being assessed. *There must not be a gap in social care provision!*

The [SEND Code of Practice](#) 2015, 8.65 says:

Under no circumstances should a young person find themselves suddenly without care and support as they make their transition to adult services.

Under the Care Act 2014 the local authority **must** continue to provide a young person with children's services until they are clear about what support is needed from adult services. The transfer to adult social care should happen at a time suitable for the young person – not automatically on their 18th birthday.

When do I need to say what college I would like to go to?

Some annual reviews in year 11 may need to be held early as reviews for anyone moving from school to college must be completed by 31st March of that year.

The [SEND Code of Practice](#) 2015, 9.180 says:

For young people moving from secondary school to a post-16 institution or apprenticeship, the review and any amendments to the EHC plan – including specifying the post-16 provision and naming the institution – **must** be completed by the 31 March in the calendar year of the transfer.

Any questions?

Please contact us if you are still unclear or have any questions about any information in this document, or about any other aspect of Special Educational Needs & Disabilities.

- call our Information, Advice & Support line: **0117 989 7725**
- email us: support@sendandyou.org.uk
- contact us via our website: www.sendandyou.org.uk

The helpline is open 10am – 2pm Mondays, Wednesdays and Fridays during term time. There is an answer phone at all other times.

If you are 16 or over and would like a parent or carer to contact us on your behalf, you will need to complete a [consent form](#). Your parent/carer can ask us for one or you can download one from our website.

Expanded links used in this document:

- PFA Outcomes Tool:
<http://www.preparingforadulthood.org.uk/resources/all-resources/advice-from-dfe/pfa-outcomes-tool>
- Bristol Local Offer:
<https://www.bristol.gov.uk/web/bristol-local-offer>
- North Somerset Local Offer
<https://www.n-somerset.gov.uk/my-services/children-young-people-families/local-offer-and-early-help/local-offer/>
- South Glos Local Offer
<http://www.southglos.gov.uk/health-and-social-care/care-and-support-children-families/local-offer/>
- Bristol, North Somerset and South Glos CCG:
<https://bnssgccg.nhs.uk/health-advice-and-support/transitioning-to-adult-health-services/>
- SEND Code of Practice 2015:
<https://www.gov.uk/government/publications/send-code-of-practice-0-to-25>

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