



SEND AND YOU
SENDIAS
FOR YOUNG PEOPLE

SAY 0-25's Easy Read

Post 16 Travel, Work and Independent Living



This information is for children and young people under 25.



...who need extra help with learning or have a disability.

SEND means special educational needs or disability.



TRAVEL:

If you find it more difficult to travel to school than others your age you college or work your local authority might help you.



To find out whether you can get support contact your local authority.



Travel



Training

Your school or college may be able to teach you to travel on a journey safely.

This is called “travel training”.



WORK:

If you need support getting a job there are people who can help you.



Job coaches can help you find work and support you in the workplace



Information about job coaches should be on your local authority’s “Local Offer”.



local



offer



A “Local Offer” is an online website giving information for people aged 0-25 with SEND.

Bristol:

<http://www.findabilitybristol.org.uk/>

South Glos:

<http://www.southglos.gov.uk>

North Somerset:

<http://www.n-somerset.gov.uk>



Some people need changes to be made to a work place or equipment, for example wheelchair ramps.



access to work

Access to Work might be able to pay for the support you need.



For more information see:

<https://www.gov.uk/access-to-work>



LIVING INDEPENDENTLY



Some people need extra help such as learning to cook or learning to catch a bus.



If you need extra help you can ask for a social care assessment.



To get a social care assessment contact your local authority or social worker.



Accessing your community

The local offer should give information about social groups in your areas.



If you need support to visit friends or go to social activities ask for a social care assessment.



Social care have a duty to support people 18 and over with support needs to participate in:

- **Work**
- **education**
- **training**
- **recreation.**



If you want to know more about what support you can get please contact us.



support@sendandyou.org.uk



0117 989 7725

**[https://www.sendandyou.org.uk/
young-people-0-25/](https://www.sendandyou.org.uk/young-people-0-25/)**



If you want a parent or carer to contact us please fill out a consent form*.

***(Consent forms are available on our website or ask your parent/carer to get one from us.)**

Disclaimer: SEND and You has made all reasonable efforts to ensure that the information contained in this leaflet is accurate and up to date at the time of publication. It does not constitute legal advice and SEND and You cannot accept any responsibility for any loss or damage suffered as a consequence of any reliance placed upon it.